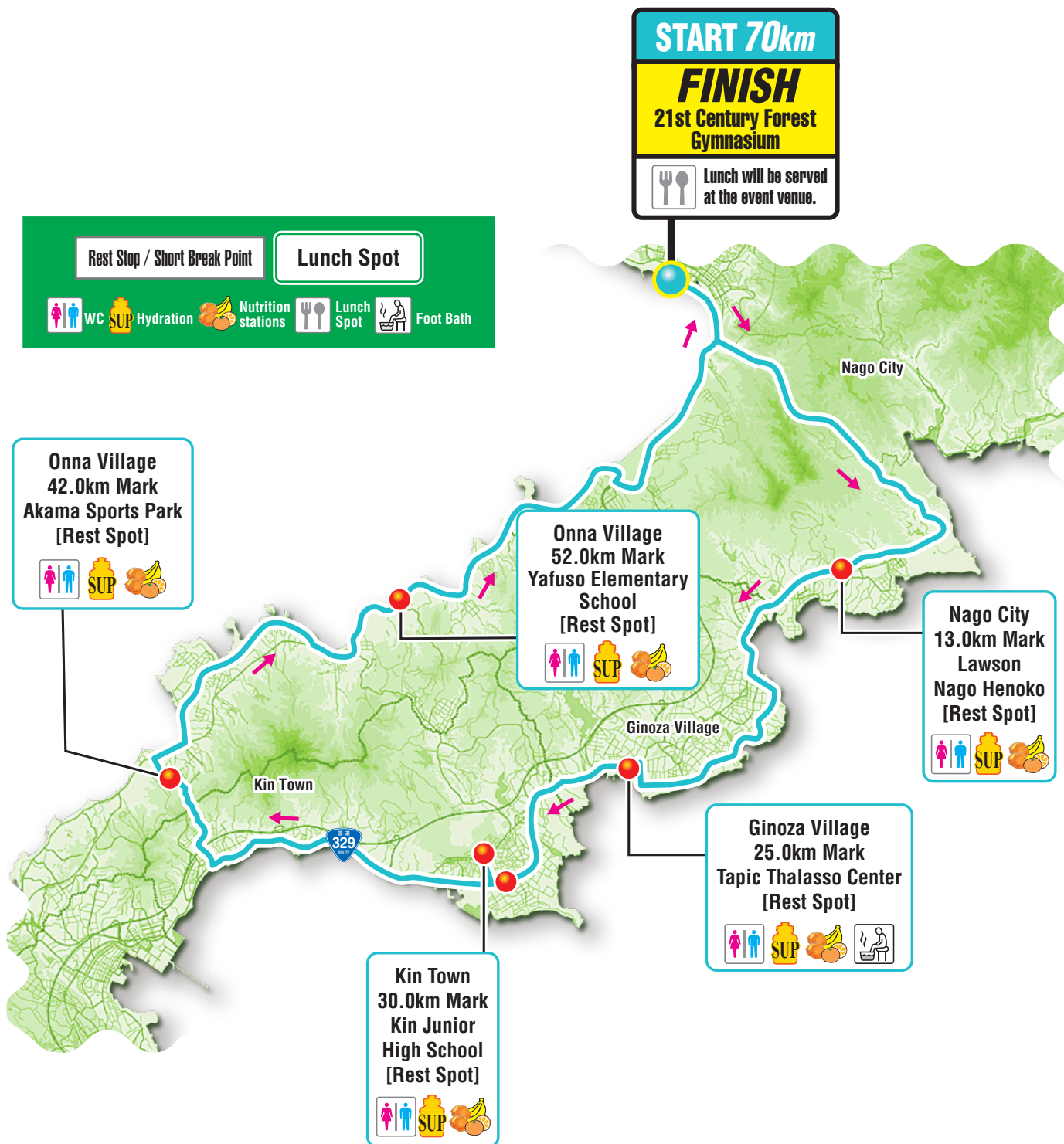


The 36th "Tour de Okinawa 2024" Challenge Cycling

Overall Map and Locations for Lunch, Rest, and Short Breaks

For the latest course updates, please refer to the official website.



Lunch Information

Lunch will be provided after reaching the finish line at the 21st Century Forest Gymnasium. Don't forget to bring your meal ticket for the exchange.

Challenge Cycling 2024 Supplementary Information ①

To ensure a safer and more sustainable event, we have implemented **specific time limits** for each checkpoint from this event onwards, optimizing the placement of event staff. We kindly ask participants to cooperate by responding to **any directions from staff**, including **route changes or guidance to the Sag Wagon** if needed.

The minimum average speed required to complete the Challenge Cycling course is

12km/h or higher.

This assumes rest periods of up to 10 minutes at each rest point and 30 minutes at the lunch point.

Based on the above speed, staff will provide directions at the points listed below.
Please follow any instructions given if approached by staff.

Please note that each aid point (②, ⑤, ⑥, ⑧, ⑩) has designated opening and closing times.									
Checkpoint	Distance / km	Section Distance	Lead	Rest	Tail	Rest	Time Limit	Guidance Destination	Notes
○Nago City Hall	0.0 km	km	7:30		7:40		8:00		Start
① Route 58 to Prefectural Road 329 (Yofuke)	2.2 km	2.2 km	7:34		7:51		8:10		Left Turn Guidance
② Lawson Nago Henoko (7:45-9:00)	12.9 km	10.7 km	8:01	5min	8:45	10 min	9:00		Rest (10 min expected)
Resume riding			8:06		8:55		9:00		
③ Route 329 to Prefectural Road 234 (in front of Ajimaa)	18.0 km	5.1 km	8:17		9:21		9:30		Left Turn
④ Merge back onto Route 329	24.4 km	6.4 km	8:31		9:55		10:00		Left Turn
⑤ Tapic Thalasso Center (8:30-10:30)	25.2 km	0.8 km	8:33	5min	10:00	10 min	10:15		Rest (10 min expected)
Resume riding (pass in front of Kanna Ward Community Center)			8:38		10:10		10:15		
⑥ Kin Bypass to Kin Junior High School Pilotis (Rest Spot: 8:30-11:00)	30.8 km	5.6 km	8:50	5min	10:38	10 min	10:50	Sweep Vehicle	① Ascend Bypass and Turn Right ② Left Turn Guidance Rest (10 min)
Resume riding			8:55		10:48		10:50		
⑦ Route 329 to Yaka (North) Intersection	39.1 km	8.3 km	9:13		11:30		11:40		Right Turn
⑧ Akama Sports Park in Onna Village (Rest Spot) 9:00-12:00	42.0 km	2.9 km	9:19	5min	11:45	10 min	12:00	Sweep Vehicle	Left Turn Rest (10 min expected)
Resume riding			9:24		11:55		12:00		
⑨ Akama Sports Park to Route 58	42.7 km	0.7 km	9:26		11:58		12:00		Right Turn
⑩ Old Route 58 Entrance	43.5 km	0.8 km	9:28		12:02		12:10		Left Turn
⑪ Old Route 58, Seragaki Coast Exit	49.1 km	5.6 km	9:40		12:30		12:45		Left Turn
⑫ Onna Village Yafuso Elementary School (Rest Spot) 9:30-13:00	52.2 km	3.1 km	9:47	5min	12:45	10 min	13:00	Sweep Vehicle	Rest (10 min expected)
Resume riding			9:52		12:55		13:00		
⑬ Kyoda Interchange Entrance, guided to the bike path	60.8 km	8.6 km	10:11		13:38		13:45		Left Turn onto Bike Path
⑭ Nago 21st Century Forest Gymnasium (right turn to finish line)	68.4 km	7.6 km	10:28		14:16		14:30		Left Turn
			(27km/h)		12km/h)				

Bicycles collected by the sag wagon will be handed over at the bicycle exchange counter at Nago Civic Hall after 19:00.